

# POST-BREXIT SYSTEMIC CONSTELLATION

**VENUE:** St Ethelburga's Church, 78 Bishopsgate, London, EC2N 4A

**DATE:** 5<sup>th</sup> November 2016:

**TIMING:** 10.30 (coffee)-11 (start) - 5.30pm

## Aim of the session

We would like to get a diverse as possible group of people together to explore through the process of systemic constellations (or systemic mapping) the following possible thoughts and questions (recognising some other questions may emerge on the day)

**1) What is Brexit revealing to us about the nature of the system we are operating within?**

**2) Where are we now? What has the impact of Brexit been to the system?**

**3) What are the values that have got us here? What are the values that are now needed in this new paradigm we are operating within?**

**4) What is the future calling us to? What is ours to do? What is mine to do? What are the next steps we need to take to move forward?**

## What is Systemic constellations or mapping?

Systemic Constellations is a powerful and far-reaching method of exploring issues and entrenched patterns in systems. Based on the systems work of Bert Hellinger, 'Systemic Constellations' is an embodied 'mapping' practice to help reveal hidden dynamics in systems. This process of working can shift people's perception of where problems come from and potentially suggest ways to move forward differently that strengthen and build. The new perspectives allow groups and individuals fresh insights, a renewed sense of possibility and a strong focus on action.

## Price:

This event is being organised by Andy Shipley and Milly Sinclair. The idea emerged from a meeting with Involve. In the spirit of exploration, we would like this to be a not for profit event. However, we ask for a nominal fee of £30 to cover the cost of the venue and the travel of the facilitators. **If this is difficult, please let us know in confidence, as we would like everyone who wants to come to be able to do so.**

**People capacity:**

Because of limited space we would like to keep the number to 30. Please confirm your place as soon as possible and commit to coming, otherwise your space could be taken up by someone else.

**Diversity:**

It is very important to us that we have a diverse group of people with different backgrounds, perspectives and ideas. This will make the process more powerful, effective and will expand all our learning.

Please fill in the booking form and BACS details below.

# BOOKING FORM

**NAME:**

**EMAIL ADDRESS:**

**YOUR HOPES FOR THE SESSION:**

## **BACS INFORMATION FOR £30**

**NAME OF ACCOUNT:** Mrs CL Sinclair

**ACCOUNT NUMBER:** 78376863

**SORT CODE:** 08 93 00

**Please put: Brexit as your reference.**

Email to: [info@millysinclair.com](mailto:info@millysinclair.com)

