



14-25 and living in North Tyneside?

Opinions about mental health?

MH:2K needs you!

- Join a new youth-led project on mental health
- Discuss issues with experts and decision-makers
- Help other young people to have a voice
- Develop leadership skills and gain valuable experience

Applications by **12th October 2017**.
For more info and how to apply go to
www.involve.org.uk/mh2k-apply

Any questions?
Contact Sarah@involve.org.uk

**LEADERS
UNLOCKED**

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